

Finish Strong: An End-of-Life Conversation Among Villagers

Interactive Session on Living and Dying Well

Sheila Doran-Benyon, Michèle Dougherty Johnson, and Barak Wolff

Wednesday, September 11, 10–Noon

Sheila's home – address and directions on registration

Registration required and limited to 12 participants - email Sheila at

sdbsouthside@earthlink.net

Finish Strong is available on Amazon.com or locally at Collected Works

We would like to introduce you to an important and compelling new book: **Finish Strong: Putting Your Priorities First at Life's End**. Author Barbara Coombs Lee is the current President and former CEO of Compassion & Choices, a national end-of-life advocacy organization, and has been deeply involved in these issues as a health care provider, lawyer, advocate and leader for more than 40 years. *Finish Strong* is full of helpful information, specific guidance, rich references, and common-sense approaches to living well and dying well. It is a “must read,” touching on topics that impact us all.

Your hosts for this interactive session will be Sheila Doran-Benyon, Michèle Dougherty Johnson, and Barak Wolff. We were so impressed by this compendium of insights, wisdom and good advice that we want to share it with interested Villagers and then have a thoughtful discussion about these very personal and important matters.

The initial conversation will take place on Wednesday, September 11, from 10–Noon at Sheila's home, 16 Cole Lane in Seton Village. If participants are so inclined, they may elect to continue the conversation at future sessions. In order to foster a high level of participation and personal sharing, the event will be limited to a dozen Villagers on a first-come, first-served basis. Register ASAP: email Sheila at **sdbsouthside@earthlink.net**

To help shape the content of our conversation, we ask that all participants read *Finish Strong* and then respond in writing to three simple questions before we meet. Questions will be emailed to you once your registration has been confirmed. The conversation itself will help identify specific actions we can take, as well as subjects that may need further exploration.

Register now by sending an email to **sdbsouthside@earthlink.net**

https://villagessf.clubexpress.com/content.aspx?page_id=4001&club_id=331535